

## PARTICIPATION IN INTERSCHOLASTIC ATHLETICS REQUIREMENTS

**New York State Education law** requires that *all* students participating in interscholastic athletics must have a yearly physical examination.

In order for your child to participate on an interscholastic athletic team, the following must be completed:

A completed physical performed by your family physician using the approved East Islip School District form. *Or*;

A completed sports screening performed by the East Islip Middle School nurses and a physical performed by the East Islip School Districts School physician, Dr. Anthony Donatelli. A screening is a workup done by the nurses as part of the physical. A screening must precede the sports physical. Students who have their physical performed by their family physician do **NOT** need to come to the sports screening or physical.

- 1) New York State regulations also require a sports candidate questionnaire, (orange card) to be completed, signed by the student and parent, and submitted to the school nurse before the start of each sports season.

Absolutely no student will be permitted to tryout or practice for a team without receiving medical approval.

A sports physical fulfills the requirement for the mandated 7<sup>th</sup> grade physical.

